

CERTIFICATE OF PARTICIPATION

This is to certify that

**Helgaard Jansen
van Rensburg**

Has successfully participated & completed the
10km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

TIME 01:35:15

PACE 09:30/km
OVERALL 63 of 104

GENDER 38 of 47
60 - 69 5 of 7

20 October 2019, Sun

Date



BoutTime

Signature

